Follow-up for Positive COVID-19 Cases and their Close Contacts

Tools for LBOHs

December 21, 2021

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Topics Today

• MAVEN Updates
• Updated Mask Advisory 12/21/21
• Mass.gov website updates
  • New Isolation & Quarantine Pages of Note
• Omicron Updates
  • Variants of Concern MAVEN Report
• Local Health Prioritization
• FAQs & Review
  • Test-Based Strategy Questions
  • Self-Tests
  • Exposures after Vaccination
  • Breakthrough Information

The moment you realize 2022 is pronounced “2020 too”

No Tuesday 11am Webinar on 12/28/21 & 1/4/22!
We’ll see you again on Tuesday, January 11, 2022!
MDPH Conducts Weekly COVID-19 Case Investigation Webinars

- MDPH presents weekly on Tuesdays 11:00-12:15
- Updates in Guidance
- Troubleshooting MAVEN
- How to conduct case investigations and contact tracing in different settings.
- Target Audience: Health Agents, Contact Tracers, and Public Health Nurses doing this work.

MAVEN Help has Guidance Documents and Previous Webinars:

Webinars: Tuesdays @ 11am

MDPH Epi Program: 617-983-6800
MAVEN Help Desk: MavenHelp@mass.gov
MAVEN Onboarding: MavenTraining@mass.gov
MDPH MAVEN Help Desk: 617-983-6801
MDPH MAVEN Fax: 617-983-6813
DESE Rapid Response Help Center: (781) 338-3500
# Updated Fall 2021 Introduction to Case Investigation & Contact Tracing for Local Public Health & Higher Education Series

- Part One: COVID-19 Basics Slides
- Part One: COVID-19 Basics Recording
- Part One training will include:
  - COVID-19 Basics
    - Background
    - Signs & Symptoms
    - Transmission
    - Defining Close Contact
  - Vaccination
  - Isolation & Quarantine
    - Calculations & Guidance

## Part Two: COVID-19 Labs & Case Investigation (Oct. 12, 2021)
- Part Two: COVID-19 Labs & Case Investigation Slides
- Part Two: COVID-19 Labs & Case Investigation Recording
- Part Two: Case Investigation will include:
  - Review of Part 1 Key Concepts
    - Your FAQs
  - Laboratory Testing for COVID-19
    - PCR, Antigen, and Serology (antibody)
    - Home Tests
    - Sequencing for Variant Identification
  - Case Investigation
    - The Interview Tool
  - Contact Tracing and Notification
    - Contact Identification Forms
  - Key Resources

New and onboarding staff are encouraged to review these trainings. You do not have to be a MAVEN user.
Updates for today, Tuesday, 12/21/2021

- CTC Timeline – last day is 12/30
- COVID Workflows Changes as of 12/1
  - LBOH Immediate Workflow – COVID-19 events only – added bulk action feature and will only hold cases for 72 hours (based on the first positive specimen date)
  - LBOH Confirmed and Probable Report – use this daily to check for cases
- LBOH Steps for Completing Case Investigation
  - Yes you spoke to case and updated question packages
  - No you didn’t reach case
- MAVEN Help Desk URL Change
- Reminder to scan and check your Immediate, Routine & Pending Workflows in MAVEN
Changes to Workflows for COVID

- **Added** a bulk action feature for COVID cases workflow to allow you to update Step 1 to Yes (LBOH Notification)
- Workflow will only hold cases for **72 hours** (based on the first positive specimen date) – you will need to use your Confirmed and Probable Report to manage cases
- CTC Set Assistance to Yes for Contacts Workflow **disabled**
- CTC Set Assistance to Yes for Cases Workflow **disabled**

| ★  | LBOH COVID-19: Set COVID Assistance to Yes (Contacts Only) | ✗ |
| ★  | LBOH COVID-19: Set COVID Assistance to Yes (Probable and Confirmed) | ✗ |
| ✅ | LBOH Notification for Immediate Disease (COVID only) | ✅ |

**add Bulk action & only have 72 hours of cases**
LBOH Notification for Immediate Disease – COVID Only – Update to the workflow

Bulk Action Feature will allow you to populate Step 1 to Yes. Workflow will only hold cases for 72 hours.
LBOH Confirmed and Probable Report Reminder

Reminder—Starting Dec 1st you will need to plan on running this report daily— as you know our COVID Immediate workflow stops working at 5000 cases.

<table>
<thead>
<tr>
<th>Maven Reporting</th>
<th>Custom Reports</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category:</td>
<td></td>
</tr>
<tr>
<td>Description:</td>
<td>COVID-19 Confirmed &amp; Probable Case Line List. Your city/town name must be in all CAPS. Limit the date parameter to 30 days. Report displays the first positive specimen date for the labs.</td>
</tr>
<tr>
<td>Report Period*:</td>
<td>Date Range</td>
</tr>
<tr>
<td>Start Date:</td>
<td>12/01/2021</td>
</tr>
<tr>
<td>End Date:</td>
<td>11/30/2021</td>
</tr>
<tr>
<td>Official City*:</td>
<td>FLORIDA</td>
</tr>
<tr>
<td>Disease classification status*:</td>
<td>Suspect, Probable, Confirmed, Revoked, Contact</td>
</tr>
<tr>
<td>Output Type:</td>
<td>CSV</td>
</tr>
</tbody>
</table>

This report has been configured to run on the reporting database.
Case Report Form Is Completed

- If you interview a case, you can select Yes, for Case Report Form Completed. Then select a reason.
- Selecting Yes will give you the option to show completed by someone at LBOH.
- Step 5 LBOH final review does not need to be completed for COVID cases.

CRF = Yes when you talk to case and enter data into Question Packages
Step 5 does not need to be completed
**Case Report Form Not Completed**

- If you don’t interview a patient, you can select NO, for Case Report Form Completed. Then select a reason.

- **Selecting Other** will give you a text field where you can note a specific local protocol or policy.

**CRF = No when you don't talk to case. Primary reason you have several options:**

- Patient lost to follow-up
- Physician not reachable
- Language barrier
- Inadequate resources at LBOH
- No investigation needed per MDPH
- Other
  - Called and left message for case
  - ISIS - LBOH investigation not attempted/completed
New URL for MAVEN Help Section

The URL for the MAVEN Help Section has been changed.

The new URL is:

If you have the old URL bookmarked as a favorite on your desk top or in your web browser, please make sure it’s updated so you have access to the most recent MAVEN tip sheets and resources.

Thank you
Check your Immediate, Routine & Pending Workflows

- Reminder to check your Immediate, Routine, Pending Case Report Form Workflows
  - LBOH Notification for Immediate Disease
  - LBOH Notification for Routine disease (756 cases sitting in this workflow today)
  - LBOH Case Report Forms (CRF) are pending (1,023 cases)
Summary of Key Guidance & Tools

- MA Testing Guidance: Updated June 14, 2021
  - [https://www.mass.gov/info-details/covid-19-testing-guidance](https://www.mass.gov/info-details/covid-19-testing-guidance)

- MA Travel Information
  - Return to normal travel recommendations for vaccinated people, and says to check CDC pages for the latest on domestic and international travel.

- Isolation & Quarantine Updated Page!
  - What to do if you have or have been exposed to COVID-19: [https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19](https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19)
  - Isolation & Quarantine PDFs have been removed and replaced with this simple language.

- Date: March 8, 2021 – Occupational Exposure & Return to Work Guidance
  - Now includes language about recently recovered and fully vaccinated people.

- Pediatric Clinical Testing Advisory
  - 11/25/2020 Advises Pediatricians to Test for COVID-19 in all patients with symptoms compatible with COVID, regardless of age

- Date: 10/13/2021 COVID-19 Testing Scenarios FAQ
  - Describes different lab test results and what to do
  - Outlines discordant results and what they mean

- 09/03/2021 Updated COVID-19 Case Classification Manual
  - COVID-19 now 90 days (so new event will be generated with a new positive lab after 90 days)
Summary of Key Guidance & Tools

Date: 8/22/2020 - MDPH COVID-19 PCR and Antibody Testing Public Health Response Recommendations

- Table describes different Public Health Actions based upon different testing results.
- Big take home: PCR & Antigen positive patients should be treated like cases.
- Serology positive cases do not require public health follow-up.

Date 8/10/2020 - MDPH Follow-up Table for Positive Antigen Test Results

- Reminder that while Antigen Tests = Probable, we still treat like a case and isolate accordingly & do contact tracing.
- A PCR obtained at the same time (w/i 2 calendar days) will trump the antigen test result.

Date: 09/14/2021 - Ending Isolation and Precautions for People with COVID-19: Interim Guidance

- 10 Day Isolation Period now has more data supporting it.
- Ignore most additional PCR tests up to 3 months after initial illness onset.
- No need to quarantine up to 3 months after initial illness onset.
CDC Updated Pages

• CDC Vaccines Guidance Page:
  • “Interim Clinical Considerations for Use of COVID-19 Vaccines Currently Authorized in the United States”
    • Everything you need to know regarding vaccination guidelines.
      • Who should get what vaccine?
      • Timing of vaccines.
      • Recommendations for additional doses or boosters for different populations.
      • Contraindications and precautions.
      • Vaccine ingredients.
      • Administration of Vaccines (how to, what to use, etc.)
    • This is a living document that gets updated as recommendations are adopted and refined.

• Immunization Action Coalition (IAC)’s Ask the Experts page
  • https://www.immunize.org/askexperts/experts_cov.asp
  • Great resource for all your vaccine questions in a Q&A format.

• CDC guidance on VACCINATED PEOPLE:
  • Interim Public Health Recommendations for Fully Vaccinated People
    • Talks about what precautions are still needed for fully vaccinated people, etc.
    • Some recommendations are still under consideration here in MA.
Updates – A quick recap for Dec. 21, 2021

We Last Met Dec. 14, 2021:

- MAVEN Updates
- CTC Timeline Reminder
- Sexual Orientation and Gender Identity (SOGI) data collection
- COVID-19 Community Impact Survey (CCIS)
- Reminders and FAQs
  - Self-Tests
  - Exposures after Vaccination
- Mass.gov Updates

  - Part One: COVID-19 Basics Slides
  - Part One: COVID-19 Basics Recording

Part TWO: COVID-19 Labs & Case Investigation (Oct. 12, 2021)
  - Part TWO: COVID-19 Labs & Case Investigation Slides
  - Part TWO: COVID-19 Labs & Case Investigation Recording

Always Remember you can see all previous webinar recordings and slides in MAVEN Help.

Updated Mask Advisory 12/21/21

- **Mask Advisory:** DPH released an updated mask advisory today, recommending that all individuals, regardless of vaccination status, wear a mask or face covering in indoor, public spaces.

  - DPH particularly urges this recommendation for individuals who have a weakened immune system, or are at increased risk for severe disease because of age or an underlying medical condition, or if someone in their household has a weakened immune system, is at increased risk for severe disease, or is unvaccinated.

  - All people in Massachusetts (regardless of vaccination status) are required to continue wearing face coverings in certain settings, including transportation and health care facilities. Please see [here](#) for a complete list of venues where face coverings have remained mandatory since May 29, 2021.

  - The Massachusetts Department of Elementary and Secondary Education’s current mask requirement and [Policy on Vaccination Rate Threshold](#) issued on September 27th, 2021 is not impacted by this advisory.

  - To read the full advisory, visit: [here](#).
Mass.gov Updates!

There have been important updates to mass.gov to help simplify language and guidance.

- **Main Landing Page for All things COVID-19 Testing:** [https://www.mass.gov/covid-19-testing](https://www.mass.gov/covid-19-testing)
- **Search Engine for Finding COVID-19 Testing:**
- **About COVID-19 Testing (General FAQs for the public about COVID-19 Testing):**
  - Who should be tested, what are the tests, what to do if you are positive, resources in different languages, etc.
- **Self-Tests (Over-the-Counter (OTC) Tests) FAQs and General Guidance for the Public**
- **COVID-19 Self-Test Distribution (Details on the Program and Towns that Received Rapid Tests):**
Mass.gov Updates for Isolation & Quarantine

Isolation & Quarantine Pages have been combined.

- New Isolation and Quarantine Page: Simplified language for the Public
  - [https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19](https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19)
    - [About COVID-19 isolation and quarantine](https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19)
    - [What do I do if I test positive? - Isolation Info](https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19)
    - [What do I do if I have been told I am a close contact to someone with COVID-19? – Quarantine Info](https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19)
    - [Where can I find out more about isolation and quarantine? - Resources](https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19)
      - [Multi-language access to isolation and quarantine tips](https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19)
      - [Where to find food assistance](https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19)
      - [Multi-language access to tips on stopping the spread of COVID-19](https://www.mass.gov/info-details/what-to-do-if-you-have-or-have-been-exposed-to-covid-19)
  
- Recommend looking at some of this language to replace the previous MDPH PDF Isolation and Quarantine Guidance Documents. You can put materials on your own letterhead for distribution.
Omicron Updates

Variant Omicron – What’s the status?

• Is Omicron here in MA?
  • Yes.

• Would our sequencing surveillance pick it up?
  • Yes. PCR testing specimens submitted for sequencing would detect this genomic sequence.

• Are there different guidelines for positive cases with the Omicron variant?
  • Not at this time. People who test positive for COVID-19 should isolate and notify their contacts. Genomic sequencing may not be completed until several days after the initial positive, so clinical guidance is not dependent on a sequencing result.

• Are there different guidelines for household or other contacts to the Omicron variant?
  • Household prevention would mirror current strategies to prevent household spread.
Variant Omicron – What’s the status?

• **How does Omicron compare to other variants like the Delta variant?**
  • We don’t know yet. We need more data.

• **What about travelers from countries where Omicron has been detected?**
  • [Travel Requirements have changed.](#) Starting December 6, all air passengers, regardless of vaccination status, must show a negative COVID-19 test taken no more than 1 day before travel to the United States.
  • Still waiting to hear if there are additional location-specific travel and follow-up recommendations from CDC. This has not been clarified. TBD.

• **Should we be asking about travel in our Interviews?**
  • Yes. If the case traveled in the 2 weeks prior to illness, you can note that in the Risk Questions.

• **Should we follow-up regarding sequencing for travelers?**
  • Not at this time. Sequencing is for surveillance and our current systems should be able to identify trends. Encourage PCR testing in travelers with COVID-19 symptoms who may not have been tested.
Variants of Concern Report

- Remember to run this for shorter periods of time (less than 30 days).
  - If you are looking for Omicron, stick to December.
  - This report has to process a lot of backend information – give it time.

- Remember there are no additional quarantine or isolation guidelines associated with different variants so this should not influence your interviews or discussions with cases & contacts.

- Report Tip Sheet on how to run several reports is in MAVEN Help here.
Variants – They are often listed by numbers.

- You would see these numbers in the Lab Tab or variant Report for reported sequences.

  - The SIG Variant classification scheme defines four classes of SARS-CoV-2 variants:
    - **Variant Being Monitored (VBM)**
      - Alpha (B.1.1.7 and Q lineages)
      - Beta (B.1.351 and descendent lineages)
      - Gamma (P.1 and descendent lineages)
      - Epsilon (B.1.427 and B.1.429)
      - Eta (B.1.525)
      - Iota (B.1.526)
      - Kappa (B.1.617.1)
      - 1.617.3
      - Mu (B.1.621, B.1.621.1)
      - Zeta (P.2)
    - **Variant of Interest (VOI)**
    - **Variant of Concern (VOC)**
      - Delta (B.1.617.2 and AY lineages)
      - Omicron (B.1.1.529 and BA lineages)
    - **Variant of High Consequence (VOHC)**

- To date, no variants of high consequence have been identified in the United States.
**Variant Report – Where to See Variant Sequencing**

You may need to look in two different columns to see the sequencing lineage:

- Delta (B.1.617.2 and AY lineages)
- Omicron (B.1.1.529 and BA lineages)
### Updated Prioritization Guidance

#### Case Investigations and Contact Tracing

- Beginning now, DPH and local health departments can prioritize case investigation and contact tracing, specifically settings with vulnerable populations or those likely to support ongoing transmission:
  - Healthcare facilities including SNFs and LTCF – (DPH lead)
  - Large congregate settings such as shelters, corrections – DPH and LBOH
    - DPH primary in correctional settings
    - LBOH should have right of first refusal in shelters
  - EEC programs – (LBOH in cooperation with programs)
  - K-12 schools – (LBOH in cooperation with schools)
  - Higher Education – (LBOH in cooperation with facility health services)
  - Disease Clusters – (LBOH in cooperation with DPH)

- Not every case or close contact needs outreach

- We will continue to monitor data to re-prioritize case investigation and contact tracing efforts to other settings or newly evident vulnerable populations as necessary.

- **NOTE:** Any individual case investigation you do, you should encourage people to notify their own close contacts. If they are unwilling or unable to do so, we would ask you to assist them.
Biggest Bang for the Buck...

Promoting Effective Public Health Tools

- Vaccines and authorized boosters
  - People who are vaccinated do not need to quarantine following an exposure but should get tested if they test positive

- Widespread testing, including OTC tests for even mild symptoms and following known exposures, including for vaccinated people

- People at risk for moderate to severe disease from COVID-19 should contact their healthcare providers promptly at diagnosis about potential therapeutic options including monoclonal antibodies

- Recommend general use of masks by people who are unvaccinated, immune-compromised, and where required by local governments and individual institutions and businesses.

- Promote MassNotify and urge its use

- Support those in isolation or quarantine where needed
MAVEN Tips & Recommendations

• You can individually acknowledge a COVID-19 case, or you can bulk acknowledge a whole group in the notification workflow to move them out of that preliminary workflow.
  
  • To track cases after that acknowledgement, you should use the Confirmed and Probable Line List Report to manage your cases and their status.

• Case Report Form Completed = YES is for when you complete an interview or for when you speak with them/obtain some information.

• If you do not contact a case (If you just leave a vm message), you can select this Admin Question Package Step 4 = No, CRF not completed.
  
  • Reason Not Completed = Inadequate Resources at LBOH, or OTHER, and you can fill in a local reference (as determined by your jurisdiction).
Step 4: Case Report Form Not Completed

- If you don’t interview a patient, you can select NO, for Case Report Form Completed. Then select a reason.

- Selecting Other will give you a text field where you can note a local protocol or policy.

CRF = No when you don’t talk to case. Primary reason you have several options:
What Does Prioritization Mean for Me?

- MDPH does NOT expect you to call every case in your jurisdiction. You can focus on your priority populations and utilize some of the strategies we have discussed.

- Focus on the “biggest bang for your buck” activities.

- Focus on giving people the information they need to successfully isolate or quarantine and not creating contact events in MAVEN for the sake of MAVEN sign-off.

- Work within your program to update standard operating procedures among your health agent staff. Determine what is right for you and your citizens.
Contact Tracing & Notifications

• This update to prioritization means that MDPH is not expecting local public health entities to follow up on EVERY CASE of covid and to notify each contact.

• However, that does not mean that organizations, places of business, teams, clubs, etc. do not need to do anything at all.
  • Local Jurisdictions can still play a role in partnering with relevant settings and/or cases.
  • Local Jurisdictions can additionally establish their own priority groups and settings.

• **Best Practices:**
  • Answer Questions
  • Assist with Isolation & Quarantine Calculations
  • Provide templates
  • Encourage organizations to send notifications to their participants/attendees when applicable.
    • Local Health does not have to conduct individual contact tracing notification calls in order to get the messaging out.
It is just a setting on your regular iPhone, not a MassNotify-specific app

Residents of the following states can turn on this technology without having to download an app by going to Settings > Exposure Notifications. This feature is available on iPhone only. iOS 12.5 or later required.

California
Colorado
Connecticut
Hawaii
Louisiana
Maryland
Massachusetts
Minnesota
Nevada
New Mexico
New Jersey
New York
Utah
Virginia
Washington
Washington, D.C.
Wisconsin

MassNotify remains a powerful tool against the spread of COVID-19

MA residents are encouraged to enable MassNotify on their phone so they can be notified of possible exposure and take action.

- MassNotify should be used as a complement to other public health measures like vaccination, testing, and masking
- MassNotify uses Bluetooth technology to automatically notify users about potential exposures from other MassNotify users they have been in close proximity with—even total strangers
- It is privacy-focused and anonymous—MassNotify includes many privacy protections and won’t track where users go, and users won’t know where or by whom they were exposed
- Mass.gov/addyourphone provides a direct link to the MassNotify onboarding process

MassNotify has sent more than 190K exposure notifications since it launched in June.

User adoption as a % of Massachusetts population (>1.7M)

Mass.gov/addyourphone

Stay vigilant, stop variants
Add your phone to the fight against COVID-19

Enable MassNotify on your phone

MassNotify promotional materials can be found at mass.gov/massnotify/toolkit

Go Here: Mass.gov/addyourphone
Your Questions:

• Q. Can cases utilize a Test-Based Strategy to Exit Isolation? What is involved?

• A. Yes, this may be utilized to exit isolation earlier than the 10 days, but is not a recommended strategy and is not always a good use of limited testing resources.

  • Test Based Strategy: Results are negative from at least two consecutive respiratory specimens collected ≥24 hours apart (total of two negative specimens) tested using an FDA-authorized PCR Test. AND any symptoms have resolved per above requirements.

  • This is no longer a recommended or preferred strategy but could be used providing all the conditions were met (all symptoms have been resolved, observed specimen collection to ensure accurate specimens, etc.). We do not recommend this strategy as a larger routine protocol – particularly in congregate settings, but technically it could be applied on a case-by-case basis per CDC.

  • This is for people who will STILL BE COUNTED AS CASES. This does NOT revoke their positive test.
   • If there was a laboratory error – like the lab mislabeled a test tube or reported the wrong result, the provider/lab must issue a retraction for the result and THEN this case would be revoked.

Breakthrough Case Data

Q. Are there studies examining if breakthrough covid cases are less transmissible to others?

A. Yes, there are many studies looking at all aspects of breakthrough disease. Dr. Mike Klompas has a good editorial in JAMA discussing some of these findings from Nov. 4, 2021: Understanding Breakthrough Infections Following mRNA SARS-CoV-2 Vaccination

- “Studies of viral dynamics further suggest that while viral loads in breakthrough infections may be as high in vaccinated individuals as they are in unvaccinated individuals, viral loads in those who are vaccinated decline more rapidly, and the virus that they shed is less likely to be culture-positive than virus shed by unvaccinated individuals. 7, 8”

- “This suggests that people who are fully vaccinated are less likely to become infected and if infected, will be contagious for shorter periods than unvaccinated people.”
Key Variables for MAVEN

- We are working to update the Case Wizard and remove several less critical variables in a COVID-19 event.
  - These questions would still be available in the regular question packages, but the wizard will be paired down for ease.

- **Key Variables Include:**
  - **Admin Question Package Step 1 – Notification** (this will remove cases from the notification workflow and keep it working).

- **For Contacted/Interviewed Cases:**
  - Demographics (Race, Hispanic)
  - Symptoms yes/no and onset date – this helps establish isolation and infectious period.
  - Vaccination Information – this helps establish breakthrough data.
  - Hospitalization
  - Recovered (deaths)

- If you have information, it makes sense to enter it if you can.
BinaxNOW SELF test vs. HOME test

**SELF TEST:**
- No online guide (this is unobserved)
- No App for reporting is listed
- No Prescription: you can buy these anywhere over the counter.

**HOME TEST:**
- Certified video guide to supervise testing.
- App and reporting.
- Prescription home use.
**Self-Tests Reminders**

- **Self-Tests** are great in many ways and have lots of utility, and more are likely coming on the market in the future. But they are the responsibility of the person taking them. They are NOT the responsibility of public health.

- **People with Self-Tests should notify their OWN contacts.**
  - Shortly they will even be able to use MassNotify to do some of this!

- **LBOHs do not need to enter self tests into MAVEN.** MAVEN is for OFFICIAL disease reporting.

- **Self-Tests are NOT OFFICIAL TEST RESULTS for many scenarios**, and people should consider that when determining which test type to perform.

- **If someone has a positive self test – they should act like they are positive and isolate. You can answer their questions around isolation and quarantine timing.**
  - Stress it is based upon the information they are telling you.
  - Confirmatory testing is recommended and may be beneficial (but is not required)

- **Self-Tests are one more way we are trying to empower our citizens and lean a bit more on personal responsibility models for COVID-19 prevention.**
Cases After Being Fully Vaccinated

- **Breakthrough Disease** is any positive test obtained Day 14 or later following the final dose in a vaccine series.

- **Note:** Vaccination will not make you test positive. If you test positive, even if you are fully vaccinated, you are a case. You will need to isolate.
What if you are exposed after your final dose (before Day 14)?

Even if you have had that second dose, you are NOT fully vaccinated until Day 14 afterwards.

- Any exposure before Day 14 requires a quarantine.
- Any exposure on Day 14 or after would have a quarantine exemption.
- If you start your quarantine and THEN become fully vaccinated while in your quarantine (reach Day 14), you still have to finish your designated quarantine period.

Exposure & Quarantine:

- Day 0-3: Quarantine Exemption for future exposures begins.
- Day 4-13: Keep Going in Quarantine!
- Day 14: Fully Vaccinated Day 14
- Day 15-17: Quarantine Exemption for future exposures begins.

For any exposure before Day 14:
- MUST Quarantine because exposure occurred prior to being fully vaccinated.
- Any exposure here (<13 days) still requires full quarantine.

For any exposure on Day 14 or after:
- No quarantine required for exposures on or after Day 14.
Vaccine FAQs

• Q. Should a person who had Covid wait for 90 days before becoming vaccinated?

• A. This is where I go for ANY vaccine related question: CDC’s Interim Clinical Considerations for Use of COVID-19 Vaccines Currently Approved or Authorized in the United States

• “People with known current SARS-CoV-2 infection should defer vaccination at least until the person has recovered from the acute illness (if the person had symptoms) and they have met criteria to discontinue isolation.

• Current evidence about the optimal timing between SARS-CoV-2 infection and vaccination is insufficient to inform guidance.

• This recommendation for vaccination applies to people who experience SARS-CoV-2 infection before receiving any vaccine dose and those who experience SARS-CoV-2 infection after the first dose of a COVID-19 vaccine but before receipt of subsequent doses.”

In summary, you can get vaccinated at any point after your isolation period is done if you are due for a dose.
Vaccine FAQs

Q. Has the definition of fully vaccinated changed for those who are eligible for a third dose/booster dose?

A. No. In general, people are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer-BioNTech or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

This would apply for our definition of Breakthrough disease and for any exemptions to quarantine for fully vaccinated people at this time.